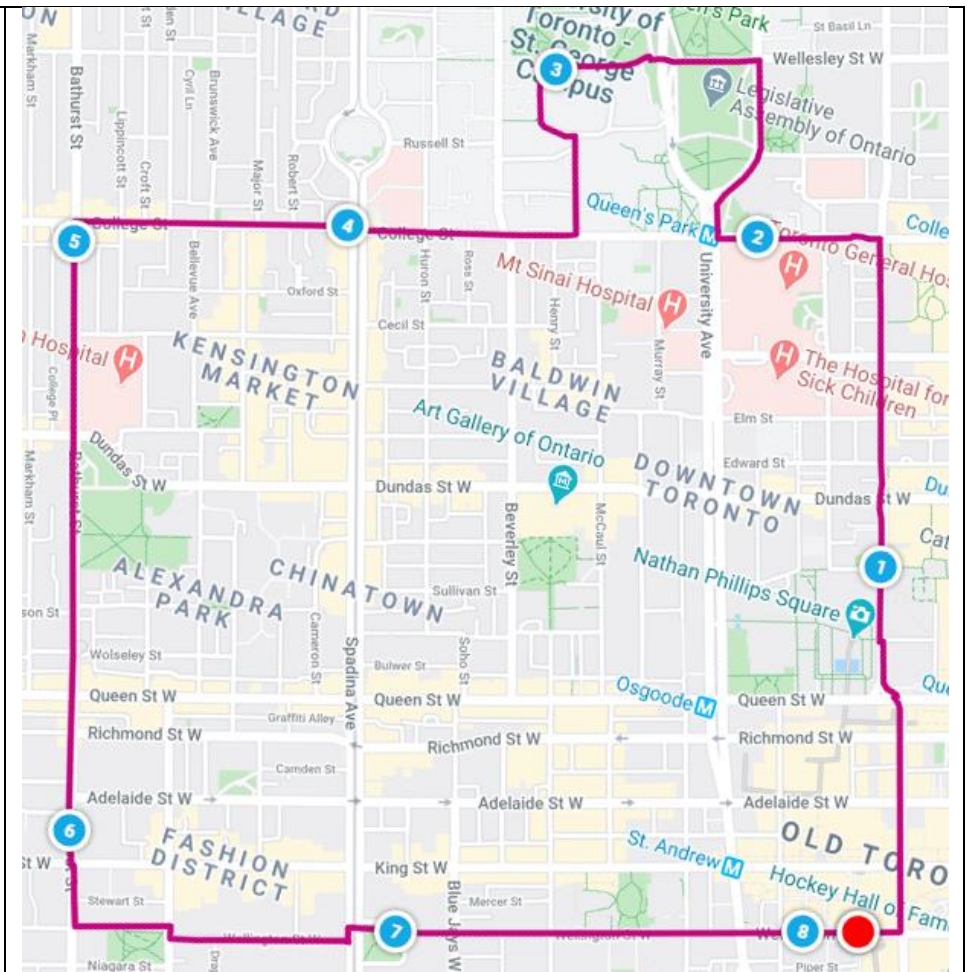


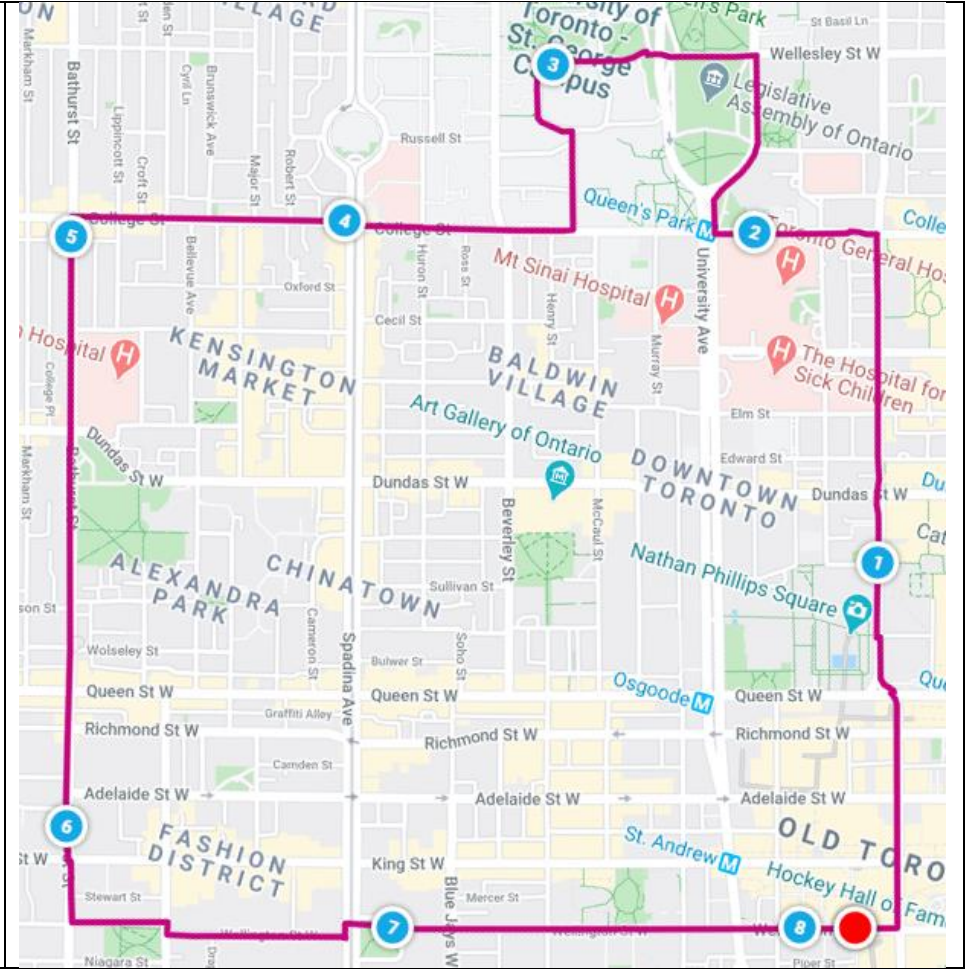
### RunningRats Route 19: Little Italy – 8k

- East on Wellington
- Left on Bay (N)
- Left on College (W)
- Right on Queen's Park (N)
- Left on Wellesley (W)
- Continue counterclockwise on Kings College Circle
- Right on Kings College Road (S)
- Right on College (W)
- Left on Bathurst (S)
- Left on Wellington (E) to Running Room



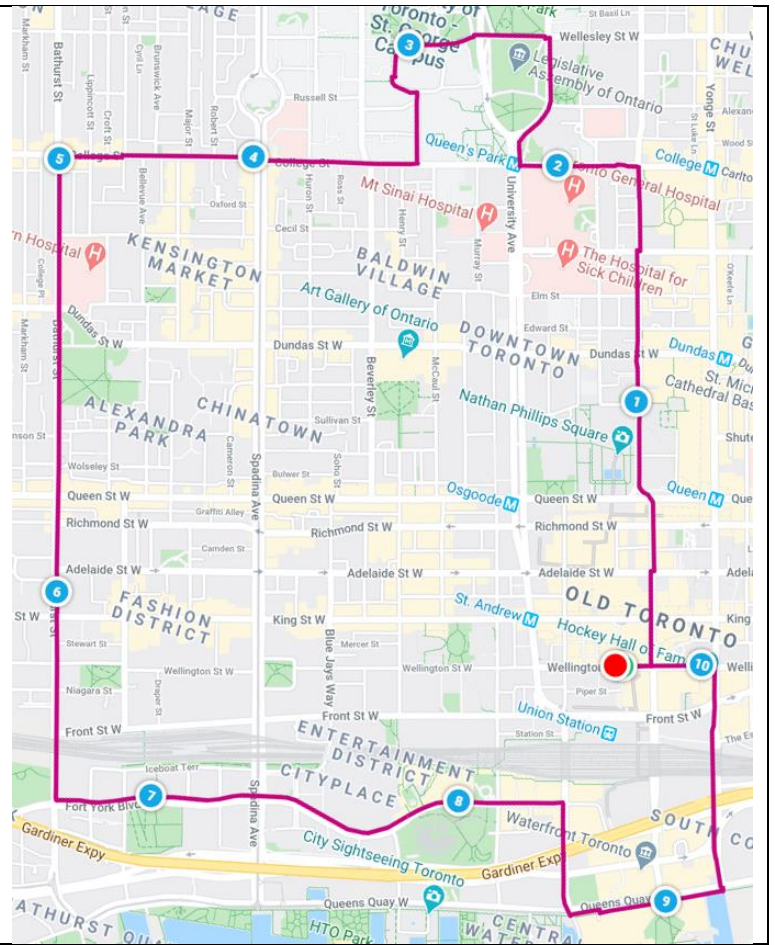
### RunningRats Route 19: Little Italy – 8k

- East on Wellington
- Left on Bay (N)
- Left on College (W)
- Right on Queen's Park (N)
- Left on Wellesley (W)
- Continue counterclockwise on Kings College Circle
- Right on Kings College Road (S)
- Right on College (W)
- Left on Bathurst (S)
- Right on Wellington (E) to Running Room



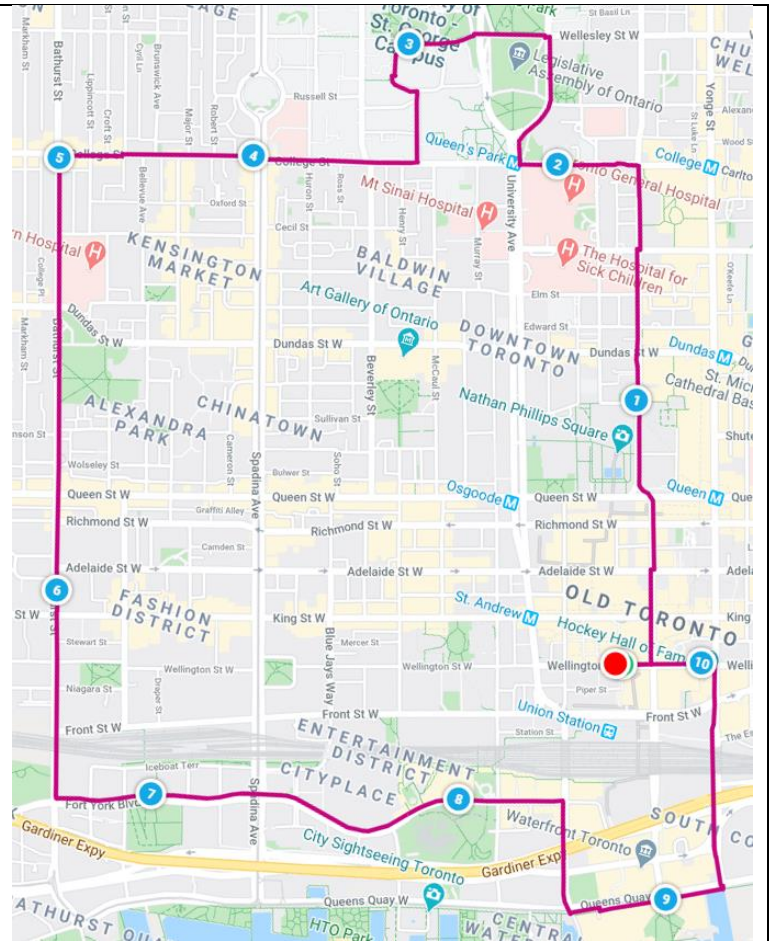
### RunningRats Route 19: Little Italy – 10k

- East on Wellington
- Left on Bay (N)
- Left on College (W)
- Right on Queen's Park (N)
- Left on Wellesley (W)
- Continue counterclockwise on Kings College Circle
- Right on Kings College Road (S)
- Right on College (W)
- Left on Bathurst (S)
- Left on Fort York (E)
- Continue on Bremner (E)
- Right on York (S)
- Left on MGT (E)
- Left on Yonge (N)
- Left on Wellington (W) to Running Room



### RunningRats Route 19: Little Italy – 10k

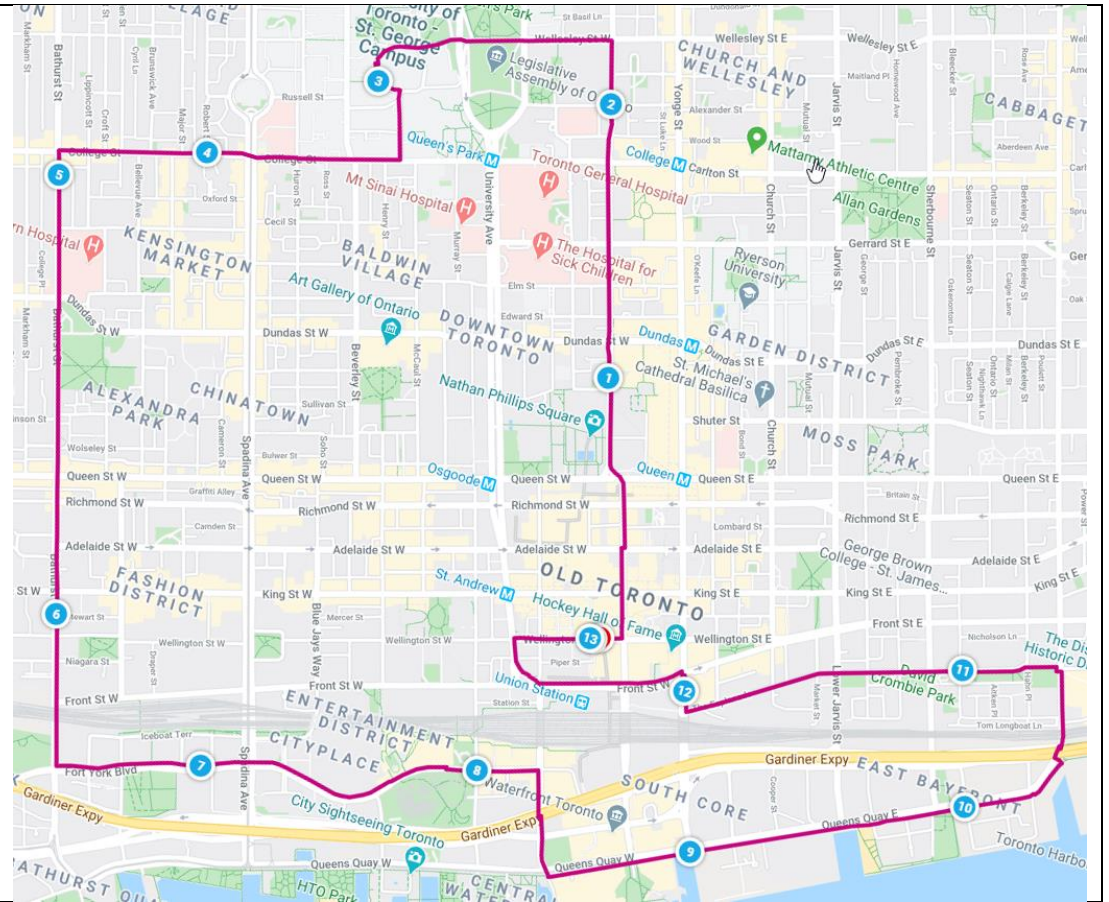
- East on Wellington
- Left on Bay (N)
- Left on College (W)
- Right on Queen's Park (N)
- Left on Wellesley (W)
- Continue counterclockwise on Kings College Circle
- Right on Kings College Road (S)
- Right on College (W)
- Left on Bathurst (S)
- Left on Fort York (E)
- Continue on Bremner (E)
- Right on York (S)
- Left on MGT (E)
- Left on Yonge (N)
- Left on Wellington (W) to Running Room



## RunningRats Route 19:

### Little Italy – 13k

- East on Wellington
- Left on Bay (N)
- Left on College (W)
- Right on Queen's Park (N)
- Left on Wellesley (W)
- Continue counterclockwise on Kings College Circle
- Right on Kings College Road (S)
- Right on College (W)
- Left on Bathurst (S)
- Left on Fort York (E)
- Continue on Bremner (E)
- Right on York (S)
- Left on MGT (E)
- Left on Parliament (N)
- Left on Esplanade (W)
- Right on Yonge (N)
- Left on Front (W)
- Right on University (N)
- Right on Wellington (E) to Running Room



## RunningRats Route 19:

### Little Italy – 13k

- East on Wellington
- Left on Bay (N)
- Left on College (W)
- Right on Queen's Park (N)
- Left on Wellesley (W)
- Continue counterclockwise on Kings College Circle
- Right on Kings College Road (S)
- Right on College (W)
- Left on Bathurst (S)
- Left on Fort York (E)
- Continue on Bremner (E)
- Right on York (S)
- Left on MGT (E)
- Left on Parliament (N)
- Left on Esplanade (W)
- Right on Yonge (N)
- Left on Front (W)
- Right on University (N)
- Right on Wellington (E) to Running Room

